

# Mental Health Interventions

## Track 1

**Childhood Psychiatric Disorders, Treatment Options and Strategies:** Dr. Pines will review common childhood psychiatric disorders and discuss the use of psychotropic medications.

**Dr. Richard Pines** is a Board Certified Child and Adolescent Psychiatrist. He practices pediatric/ adolescent psychiatry and general psychiatry in Boise, Idaho. Dr. Pines graduated from the University College Osteo Med and Surgery with a DO and has been in the profession for 18 years.

**Ethics:** **Dr Birdsall** will present information on professional ethics for school psychologists and counselors in the school setting.

Associate Professor of Counselor Education, Dr. Birdsall is a National Certified Counselor/School Counselor/Career Counselor and Licensed Clinical Professional Counselor in Idaho with experience as an elementary and secondary school counselor. She is currently serving on the Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists. She is an active member of the American Counseling Association, the Association of Counselor Education and Supervision, and the International Association of Marriage and Family Counselors. Her experience includes career counseling, family counseling, and counseling in student services. Her research areas include family counseling in the school setting, ethical practice, spirituality in counseling, and school counseling reform. Dr. Birdsall has had the opportunity to present at National and State Level conferences on the topic of Professional Ethics, and is a member of the Special Appeals Ethic's Panel for the American Counseling Association.